broadlawns
MEDICAL CENTER

COMMUNITY RESOURCE DIRECTORY

broadlawns
MEDICAL CENTER

Together a healthy community.

Broadlawns Medical Center is more than an acute care, community hospital. Our medical campus includes the main hospital where we provide both inpatient and outpatient services; as well as specialty clinics that provide dental, medical, surgical, mental health and primary care services.

Our Mission:
Working together to build a healthy community through the delivery of accessible, cost effective and high quality patient care.

Our Values:
Excellence. Compassion. Learning. Leadership

Broadlawns Medical Center's Academy offers educational resources, health promotions and learning opportunities for our staff, patients and the community. Information about our support groups, classes, health promotions, and clinical offerings is available on our website (www.broadlawns.org) under the About Us tab or by calling the BMC Academy at (515) 282-2458.

Broadlawns Medical Center is dedicated to caring for you.

For other services not listed, contact "First Call for Help"
Dial 2-1-1, local dial 246-6555 or Toll Free: (800) 244-7431

Disclaimer: The information provided in this booklet is not all inclusive of the resources available in the community; it is provided as a service to meet the needs of Polk County residents seeking information and services in the community.

TABLE OF CONTENTS

Broadlawns Medical Center..... 1
Addiction Services..... 1-2
Advocacy Services 2
Aging Resources 2
Baby Supplies..... 3
Caregiver Support Services..... 3
Case Management Services 3
Child Care Assistance & Referral .. 3
Clothing, Free 3
Community Service Agencies..... 4
Counseling & Mental Health Services..... 4
Counseling, Pregnancy 4
Dental services..... 4
Disability Resources..... 4
Domestic Abuse Services..... 4
Education Services..... 5
Emergencies/Crisis Lines..... 5
Employment Services..... 5-6
Ethnic/Cultural Programs..... 6
Financial Assistance..... 6
Financial Assistance: Discount Programs 6
Financial Education Programs..... 6
Food Assistance Programs..... 7
Food Pantries 7
Free Meal Sites 7-8
GLBT Services 8
Government Offices..... 8
Health Organizations..... 8
Health Services 8-9
Helplines/Hotlines..... 9
Home Rehabilitation/Repair..... 9
Homeless Support/Outreach Services..... 10
Housing 10
Information & Referral 10
Interpreter Services 10
Legal Assistance..... 10
Low Income Assistance Programs.....11
Medical Assistance Programs 11
Parenting Programs and Support..11
Re-Entry Services for Ex-Offenders 11
Shelters/Transitional Living 11
Transportation 12
Veterans Resources 12
Victim Support Services 12
Youth Programs..... 12

BROADLAWNS MEDICAL CENTER

Broadlawns Operator..... 800-373-2806 or 282-2200
24/7 Crisis Team (Mental Health) 282-5752
Billing (Patient Accounts).....282-1100
Cardiology Clinic.....282-5650
Case Management Services 282-6669
Chaplain Services.....282-5726
Crisis Observation Center (COC)/Psych Urgent Care ...282-5742
Dallas Center Medical Associates 992-3711
Dental Clinic 282-2421
Des Moines Internal Medicine – 1300 Walnut St..... 243-1180
Diagnostic Clinic.....282-2403
Diabetic Education.....282-2546
Ear, Nose, and Throat Clinic (ENT).....282-7750
East University Clinic – 2508 E University Ave.....282-3278
Emergency Department.....282-2253
Endocrinology.....282-3041
Eye Clinic.....282-2362
Family Birthing Center.....282-2260
Family Health Center.....282-2334
Family Optical.....282-3362
Financial Counseling Services 282-2246
FOCUS Program 282-6885
Foot & Ankle Clinic 282-3668
Gastroenterology Clinic 282-2234
Geriatric Medicine & Memory Clinic 282-5700
Health Coach Program.....282-7885
Information Desk ..... 1-855-698-8820 or 282-2435
Inpatient Behavioral Health 282-5730
Integrated Health Home (IHH).....282-4400
Intensive Care Unity (ICU).....282-2316
Intensive Outpatient (IOP).....282-6610
Internal Medicine 282-5759
Mammography.....282-2309
Medical Records.....282-2482
Medical-Surgical Unit.....282-2262
Nephrology 282-5650
Neurology Clinic 282-2463
New Connections Addiction Treatment Services.....282-6610
Oncology/Hematology Clinic 282-8290
Orthopaedics Clinic 282-8844
Outpatient Behavioral Health.....282-5695
Pain Management Clinic.....282-8270
PATH 282-6790
Patient & Guest Relations 282-2323
Pediatric Clinic.....282-2700
Pharmacy, Prescription Refills.....282-2378
Physical/Occupational/Speech Therapy.....282-5621
Plastic Surgery Clinic.....282-2359
Primary Care Clinic.....282-2273
Radiology.....282-2259
Residential Care Facilities.....244-8381
Respiratory Care 282-2268

-continued-

BROADLAWNS MEDICAL CENTER (cont.)

Same Day Surgery 282-2385
Service Coordination (Behavioral Health Services).....282-6790
Sleep, Lung and Allergy Center.....282-4015
Supported Community Living 282-6790
Surgery Clinic 282-2359
Urgent Care Clinic 282-2501
Urology Clinic 282-3230
Vein Center of Iowa 243-8346
W.I.C. (Women, Infants & Children) 282-5800
Women's Health Center 282-2340

ADDICTION SERVICES

Iowa Facility Locater Help Line.....866-242-4111
National Substance Abuse Treatment Referral Line 800-662-4357
Access To Recovery (ATR)..... 866-923-1085
Alcoholics Anonymous (AA) – Central Office 282-8550
Alternative Interventions – 3116 Ingersoll Ave.....778-7989
Beacon of Life – 1717 Woodland Ave 244-4713
Bridges of Iowa – 1985 NE 51st Pl.....287-8255
Capstone Behavioral Health – Newton..... 641-792-4012
Center for Behavioral Health Iowa – 1200 University Ave ...244-9500
Center for Interpersonal Effectiveness – Ankeny 289-9136
Cocaine Anonymous of Iowa 336-1170
Community Access & Life Management – 333 SW 9th St..554-0878
Employee and Family Resources (EFR) – 505 5th St...243-4200
Everest Institute LLC – Urbandale.....270-1344
Harbor of Hope – 803 Lyon St.....244-0370
House of Mercy – 1409 Clark St.....643-6075
Integrated Treatment Services – Newton 641-792-0045
Living Recovery, LLC.....402-5422
Mercy First Step Recovery Center.....271-6075
Mosaic Family Counseling Center. 724-8920
Narcotics Anonymous – Iowa 800-897-6242
New Beginnings Counseling Service.....401-6886
New Connections (Broadlawns) 282-6610
New Sight, Inc. – 2340 Euclid Ave.....263-0019
Powell Chemical Dependency Ctr. – 700 E University Ave ...263-2424
Prelude Behavioral Services Bernie Lorenz
- 3451 Easton Blvd 262-0349
- 4014 Kingman Blvd 255-3373

Self-Awareness, LLC – 2301 Forest Ave.....277-0320
St. Gregory Center Retreat – 5875 Fleur Dr.....421-4069
Teen Challenge of the Midlands – Colfax.....282-5249
United Community Services (UCS)
- Ankeny – 406 SW School St.....280-3860
- Des Moines – 4908 Franklin Ave.....280-3860

Urban Dreams SAVE – 1410 6th Ave.....288-4742
Zion Recovery Services
- Adel.....993-5243
- Perry.....465-9310
- Waukee 987-0510

RESIDENTIAL PROGRAMS FOR MEN

Bridges of Iowa, Inc. 287-8255
Hope Ministries-Journey of Hope – 1310 6th Ave 265-7272
Bethel Mission-Stabilization Dorm – 1310 6th Ave.....244-5445
Bethel Mission-STEP Program – 6701 SW 9th St.....244-5445
Door of Faith Mission-STAR Program – 5701 SW 9th St ...974-0545
Door of Faith-Recovery Center.....974-0545
Salvation Army Adult Rehab Center – 133 E. 2nd St 243-4277

RESIDENTIAL PROGRAMS FOR PREGNANT WOMEN AND WOMEN WITH CHILDREN

Area Substance Abuse Council – Cedar Rapids 800-472-9018
Heartland – Council Bluffs
Jackson Recovery – Sioux City
Hope Family Center-Heart Program – 3333 E University Ave... 264-0144
House of Mercy – Des Moines 643-6500

ADVOCACY SERVICES

ASK Resource Center – 5665 Greendale Rd Ste D.....243-1713
Autism Society of Iowa 888-722-4799
Brain Injury Alliance of Iowa 855-444-6443
Citizens' Aid/Ombudsman – 1112 E Grand Ave.....281-3592
Disability Rights Iowa ..... 800-779-2502 or 278-2502
- TTY 866-483-3342

Epilepsy Foundation Iowa 238-7660
Home, Inc. (Landlord / Tenant issues).....243-1277
Iowa Department of Human Rights 242-5655
Job Accommodation Network (JAN)..... 800-526-7234
Managed Care Ombudsman Program 866-236-1430
Medicare Rights Helpline.....800-333-4114
Monsoon Multi-lingual Advocacy Program 288-0881
Patient Advocate Foundation..... 800-532-5274
Polk County Crisis & Advocacy Services.....286-3600
Taxpayer Advocate Service Assistance
- IRS Taxpayer Assistance Center 877-777-4778
- Low Income Taxpayer Clinic (LTC).....564-6888

AGING RESOURCES

Adult Abuse Reporting Hotline..... 800-362-2178
Aging Advocates.....244-3070
Aging Resources of Central Iowa ..... 800-747-5352 or 255-1310
- Case Management Program 633-9525
- Elderly Nutrition Program 255-1310
- Family Caregiver Program..... 633-9513 or 633-9508

DART Reduced Fair Senior Program 283-8100
Eldercare Locator 800-677-1116
Elderly Commodity Food Program ... 877-288-3655 or 286-3655

-continued-

AGING RESOURCES (cont.)

Elderly Housing (Subsidized/Low rent)
- AHEPA 192 Apts. ..... 963-9519 or 276-6766
- Apartments of River Trace 288-4398
- Baker Creek Senior Living.....564-6561
- Candleridge of Bondurant.....238-4506
- Candleridge of Runnells 238-4506
- Christ the King Senior Housing 564-6561
- Clover Ridge Apartments.....999-9160
- Corinthian Gardens 280-3531
- East View Manor 323-8950
- Elsie Mason Manor.....243-8759
- Frank W Smith Retirement Center 277-9621
- Highland Park Plaza.....323-8972
- Lake Park Apartments Polk City 999-9160
- Ligutti Towers.....244-1245
- Logan Park Apartments 262-3472
- Oak Park Plaza.....323-6878
- Oakwood Terrace Apartments 313-6878
- Penelope 38 Senior Apartments.....965-5987
- Plymouth Place.....274-0438
- Royal View Manor 323-8950
- South View Manor 323-8950
- Southridge Senior Residences 287-4422
- Stone Crest Apartments 265-2172
- Uplift Manor Apartments 279-8808
- Valley West Apartments.....223-0084
- Village South Apartments 865-7430
- Virginia Park Apartments 288-5616
- Wakonda Village Apartments and Manor 287-3210

Iowa Dental Elderly Access (IDEA) 800-985-0034
Iowa Department on Aging ..... 800-532-3213 or 725-3333
Legal Hotline for Older Iowans 800-992-8161
LifeLong Links 866-468-7887
Polk County Senior Services.....286-2112
- Health Clinic, Information & Referral, Nutrition (Meal) Services, Peer Advocate Program, Transportation

Senior Citizen Centers (Polk County)
- Central Senior Center – 2008 Forest.....286-3677
- East Senior Center – 1231 E 26th.....265-8461
- North Senior Center – 100 E Euclid 288-1524
- Northwest Community Ctr. – 5110 Franklin 279-2767
- Norwoodville Community Ctr. – 3077 NE 46th ..266-5794
- South Senior Center – 100 Payton.....287-0092
- Westside Community Center – 134 6th St 274-0373

Senior Health Insurance Information Program (SHIIP).. 800-351-4664
- TTY 800-735-2942

Senior Services of Polk County. 286-3679
- Peer Advocate Program 286-2112
- Transportation.....286-3679

Senior Transportation Information
- Dallas County 993-4531
- Jasper County 877-686-0029
- Polk County 286-3679
- Warren County 877-686-0029

BABY SUPPLIES

Please call in advance to determine eligibility requirements. Some supplies given on an emergency basis only.

Agape Pregnancy Center – 2550 MLK Jr Pkwy 255-0243
Alpha Women Center DSM – 3605 SE 14th St 285-5700
Alpha Women Center Ankeny – 114 SW State St 965-7885
Bidwell-Riverside Center – 1203 Hartford Ave 244-6251
Catholic Charities Outreach Center – 1815 Hubbell Ave...262-7290
Cross Ministries – 1050 24th St.....279-9998
St. Vincent De Paul Society – 1426 6th Ave.....282-8327
Salvation Army Citadel Family Srvc. – 1216 E 25th Ct...266-3156
Salvation Army Family Services – 1326 6th Ave 282-3422
Urbandale Food Pantry – 7611 Douglas Ave 251-6688
WDM Human Services – 318 5th St, WDM.....222-3660
Young Women's Resource Ctr. – 818 5th Ave.....244-4901

CAREGIVER SUPPORT SERVICES

Aging Resources of Central Iowa 800-747-5352
Iowa Family Caregiver Program 255-1310
Care Givers of Stroke Survivors (COSS) 241-6547
Family Caregiver Alliance 800-445-8106
National Family Caregivers Association 800-896-3650

VA CAREGIVER SUPPORT

Military and Veteran Caregiver Network..800-273-8255 (press 1)
VA Caregiver Support 855-260-3274

CASE MANAGEMENT SERVICES

MENTAL HEALTH

Eyerly Ball – 945 19th St 241-0982
PACT Program
Supported Comm. Living (SCL)
Service Coordination (SC)
Broadlawns Medical Center River Plaza – 2300 Euclid Ave...282-2200
Community Access Prog.(CAP).....282-6750
Integrated Health Home (IHH).....282-6750
Positive Alternatives to Hospitalization
(PATH) Program 282-6750
Community Support Advocates – 6000 Aurora Ave.....883-1776

DEVELOPMENTALLY DISABLED

ChildServe 727-8750
Easter Seals – 2920 30th St.....274-1529
Goodwill Industries of Central Iowa 265-5323
Link Associates – 1452 29th St, WDM 262-8888

DISABILITY

Case Management for the Elderly 883-1776
ChildServe – 5406 Merle Hay Rd 727-8750

HOMELESS

Primary Care Outreach Project – 1200 University Ave ...248-1500

MATERNAL & CHILD HEALTH

Creative Visions.....244-4003
Early Head Start Program 271-1854
Lutheran Services of Iowa
Healthy Starts/Empowerment.....271-7472
HOPES Program 271-7472
Success Program – Des Moines Public Schools.....242-7297
Visiting Nurse Services (VNS) – 1111 9th St 558-9972
Care for Kids.....283-1422
Connections Program.....558-9946
Healthy Starts/Empowerment.....558-9946

REFUGEES

Catholic Charities – 666 Grand Ave 244-3761

SENIORS

Aging Advocates.....244-3070

YOUTH

EFR-Project Uplift – 1446 MLK Jr Pkwy.....243-5879
Success Program – Des Moines Public Schools.....242-7325

CHILD CARE ASSISTANCE & REFERRAL

See also: Education Services

Child Care Assistance 283-9215
Polk County DHS – 1900 Carpenter Ave.....286-3555
East – 1740 Garfield Ave.....286-3273
Child Care Aware.....800-424-2246
Child Care for Homeless Families.....288--7884
Community and Family Services 286-3611
Iowa Child Care Resource & Referral 877-216-8481
Project Shine: WDMCS 633-5010

CLOTHING, FREE

Please call in advance to determine eligibility requirements.

AGAPE (infant & maternity) – 2550 MLK Jr Pkwy.....255-0243
Alpha Women Center (Maternity) – 3605 SE 14th St....285-5700
Alpha Women Center (Maternity) – 114 SW 8th St 965-7885
Amazing Grace Ministries – 1903 53rd St.....277-9062
Bethel Mission – 1310 6th Ave 244-5445
Bidwell Riverside Center – 1203 Hartford Ave 244-6251
Children & Family Urban Ministries – 1548 8th St.....282-3242
Clive Community Services – 2190 NW 82nd St 257-8550
Eddie Davis Community Ctr. – 1312 Maple St 277-1103
Encore Thrift Store – 4640 Merle Hay Rd 262-0876
Epworth United Methodist Church – 412 Euclid Ave ...243-3817
First Federated Church – 4801 Franklin Ave.....255-2122
First Lutheran Church – 511 Des Moines St.....244-8913
Highland Park Christian Church – 4260 NW 6th Dr.....244-3182
Johnston Partnership Place – Merle Hay Rd.....868-1357
Park Ave. Christian Church – 3219 SW 9th St 288-1914
Proteus, Inc. – 3850 Merle Hay Rd 271-5303
King's Close.....262-0876
St. Mary's Family Center – 1815 Hubbell Ave 262-7290
St. Vincent De Paul – 1426 6th Ave 282-8327

COMMUNITY SERVICE AGENCIES

Please call in advance to determine eligibility requirements.

Services include: food pantries, personal pantries, utility assistance, weatherization, holiday programs, information and referral, senior programs, and financial assistance.

City of Des Moines: Community Services Division.....283-4182
Eddy Davis Community Center – 1312 Maple St 277-1103
Impact Community Action Partnership 248-6216
Polk County Center-Ankeny 965-0433
Polk County Center-Army Post.....274-9496
Polk County Center-Drake Area 518-4770
Polk County Center-6th Ave 248-6216
Polk County Center-West Des Moines 222-3660
Boone County Center 432-5052
Jasper County Center.....641-792-3008
Marion County Center 641-842-6571
Warren County Center.....961-2543
Norwoodville Comm. Center – 3077 NE 46th Ave.....266-5794
WDM Human Services – 318 5th St.....222-3660

COUNSELING & MENTAL HEALTH SERVICES

FREE & SUBSIDIZED

Catholic Charities 244-3761
Bi-Lingual Individual & Family Therapy 237-5018
CFI Domestic Violence Services – 1111 University Ave...471-8699
Des Moines Pastoral Counseling – 8553 Urbandale Ave ..274-4006
EFR Community Services – 1446 MLK Jr Pkwy 244-2297
Student Assistance Program 244-2297
Latinas For a New Dawn (LUNA) – 515 28th St.....271-5060
Mosaic Family Counseling Center – 3705 Grand Ave ...724-8920
Next Step Counseling – 3812 Ingersoll Ave 255-2500
Salvation Army Temple Corp – 1326 6th Ave 282-3227
Southeast Polk EAP/SAP – IHS 263-4004
Young Women's Resource Center – 818 5th Ave 244-4901

PREGNANT WOMEN

Alpha Women Center - DSM – 3605 SE 14th St.....285-5700
Alpha Women Center - Ankeny – 114 SW State St.....965-7885
Avalon Center.....866-722-0070
Bethany Christian Services 800-238-4269
Planned Parenthood of Greater Iowa.....866-722-0070

DENTAL SERVICES

FREE & SUBSIDIZED

Broadlawns Center – 1801 Hickman Rd 282-2421
DMACC Dental Clinic – 2006 S. Ankeny Blvd 964-6200
Iowa Donated Dental Services 251-8000
Polk County Health Dept. (0-20).....286-3798
Primary Health Care Dental Clinic – 2353 SE 14th St ..248-1470
I-Smile Program: VNS Dental Clinic – 1111 9th St 557-9023
Park Fair Mall – 100 E Euclid Ave 557-9023
WIC – 2300 E Euclid Ave 282-5800

DISABILITY RESOURCES

ARC of Iowa 508-1214
ASK Family Resource Center – 5665 Greendale Rd...800-450-8667
Autism Society of Iowa 888-722-4799
Central Iowa Center for Independent Living.....888-503-2287
or 243-1742
ChildServe - Johnston Center 727-8750
Community Support Advocates – 333 SW 9th St.....883-1776
Disability Rights Iowa ..... 800-779-2502 or 278-2502
Easter Seals Iowa.....289-1933
Autism Resource Lending Center.....309-2395
Assistive Technology Loan Program.....309-2395
Equipment Loan Program.....309-2395
Epilepsy Foundation Iowa 238-7660
Goodwill Industries of Central Iowa – 4900 NE 22nd St...265-5323
Heartland AEA.....270-9030
Iowa Compass.....800-779-2001
TTY.....877-683-0032
Iowa Office of Persons With Disabilities.....242-5655
Learning Disabilities Association of Iowa.....280-8558
Relay Iowa.....7-1-1
Vocational Rehab 281-4211
Social Security Administration 800-772-1213

DOMESTIC ABUSE SERVICES

ACCESS: Assault Care Center Extending
Shelter & Support (Ames).....888-983-2533
Catholic Charities Domestic Violence &
Sexual Assault Program 888-612-0266
CFI Domestic Violence Services – 1111 University Ave...471-8699
Crisis Line (local).....243-6147
Crisis Intervention & Advocacy Center – Adel
Domestic Violence Hotline.....800-400-4884
Sexual Assault Crisis Line 800-550-0004
Deaf Iowans Against Abuse.....877-244-0875
Text only 661-4015
Iowa Victim Service Call Center 800-770-1650
Iowa Domestic Violence Hotline 800-942-0333
Iowa Sexual Abuse Hotline.....800-284-7821
Latinas For a New Dawn (LUNA) .... 866-256-7668 or 271-5060
Monsoon: United Asian Women of Iowa.....866-881-4641
National Domestic Violence Crisis Line.....800-799-7233
National Sexual Assault Hotline.....800-656-4673
National Teen Dating Abuse Hotline 800-331-9474
Nisaa African Family Services – 4936 Franklin Ave 255-5430
Polk County Crisis & Advocacy 286-3536
Safe at Home Program.....281-0145
Transformative Healing – 3850 Merle Hay Rd.....850-7664

EDUCATIONAL SERVICES

EARLY CHILDHOOD, HISET CLASSES, ADULT/FAMILY LITERACY

Adult Literacy Center – 1213 25th St.....271-3982
Bidwell-Riverside Community Center – 1203 Hartford Ave ...244-6251
Creative Visions – 1343 13th St 244-4003
Des Moines Workforce Center 281-9619
DMACC Success Center – 1111 Army Post Rd.....287-8700
DM Public Schools Head Start 242-7588
Spanish.....242-7970
Drake Head Start 271-1854
Early Head Start – Drake.....271-4741
Evelyn K. Davis Center – 801 University Ave.....697-7700
Friendship Center – 1526 MLK Jr Pkwy 244-1701
Gateway To College – DMACC/DMPS.....697-7847
Grubb YMCA – 1611 11th St.....246-0791
Hispanic Education Resources, Inc. (HER).....282-6542
Iowa Homeless Youth Centers – 1219 Buchanan St...265-1222
Iowa New Choices.....248-7520
Job Corp – 430 E Grand Ave.....281-9693
Urban Dreams – 601 Forest Ave 288-4742
WDM Human Services – 318 5th St, WDM.....222-3660

GED CLASSES

Creative Visions – 1343 13th St. 244-4003
DMACC – Ankeny.....964-6200
DMACC Success Center – 111 E Army Post Rd 287-8700
Evelyn K. Davis Center – 801 University Ave.....697-7700
Gateway To College – DMACC/DMPS.....697-7847
St. Vincent DePaul Society – 1426 6th Ave.....282-8327

ENGLISH LANGUAGE LEARNERS (ELL) CLASSES

Adult Literacy Center – 1213 25th St.....271-3982
Creative Visions – 1343 13th St 244-4003
DMACC Success Center 287-8700
DMACC – Ankeny.....964-6200
First Christian Church – 2500 University Ave 255-2181
Friendship Baptist Center – 1526 MLK Jr Pkwy 244-1701
Hawthorn Hill 283-1911
Hispanic Educational Resources, Inc. (HER).....282-6542
LULAC (League of United Latin American Citizens)....208-7312
New Iowan Center – 430 E Grand Ave.....281-9606
New Life Center.....288-3353
Oakridge Neighborhood – 1401 Center St 244-7702
Proteus – 3850 Merle Hay Rd 271-5303
St. Vincent DePaul Society – 1426 6th Ave.....282-8327
Trinity United Methodist Church – 1548 8th St.....771-8656
Vineyard Church – 900 17th St 243-7817
Walnut Creek Church South – 1101 Army Post Rd 257-6884
WDM Human Services – 318 5th St.....222-3660
WDM Methodist Church – 720 Grand Ave 279-0826
Welcome Center/Des Moines Public Schools 242-7371
Zion Lutheran Church – 4300 Beaver Ave 270-8412

EMERGENCY/CRISIS LINES

For life threatening emergencies, please call 911.

Boys Town Suicide & Crisis Line 800-422-4453
Broadlawns Mental Health Crisis Line (24/7) 282-5752
Covenant House Nineline (Suicide Hotline) 800-999-9999
Family Violence Center, CFI.....243-6147
Girls & Boys Town National Hotline (24 /7).....800-448-3000
Iowa Domestic Violence Hotline (24/7).....800-942-0333
National Hopeline Network (Suicide Hotline).....800-784-2433
National Run Away Switchboard 800-786-2929
National Sexual Assault Hotline.....800-656-4673
National Suicide Prevention Lifeline.....800-273-8255
National Teen Dating Violence Helpline 866-331-9474
National Youth Crisis Hotline 800-448-4663
Polk County Crisis & Advocacy Services.....286-3535
Rape, Sexual Assault Care Center (24/7) 286-3535
Trevor Helpline (24/7 crisis line for LGBT).....866-488-7386

EMPLOYMENT SERVICES

IOWA WORKFORCE DEVELOPMENT CENTER
www.iowaworkforce.org/region11/desmoines.htm

ASSESSMENT/TRAINING/PLACEMENT SERVICES

Central Iowa Works 281-9616
Corinthian Baptist Church – 814 School St 243-4073
Creative Visions – 1343 13th St
Iowa Career Access Point 244-4003
DMACC Workforce Academy .....877-863-6222 ext. 7710 or 697-7710
Evelyn K. Davis Center – 801 University Ave.....697-7700
Experience Works, Inc. DSM – 3720 N 2nd Ave 243-2430
Friendship Center – 1526 MLK Jr Pkwy 244-1701
Goodwill Connection Center – 1111 E Army Post Rd ..953-6456
Iowa Employment Solutions – DMACC 281-9700
Iowa Homeless Youth Centers – 1219 Buchanan St...233-2330
Iowa New Choices.....248-7520
Iowa Vocational Rehabilitation.....281-4211
Iowa Workforce Development 281-5387
Des Moines Workforce Center 281-9619
Dislocated Worker Program 263-0077
Iowa Advantage Program 281-9619
Iowa Registered Apprenticeship Program 284-4690
Iowa Registered Apprenticeship for Veterans..281-3317
Ticket to Work Program 281-9009
Veteran Employment & Training Services 281-8145
Veteran Employment Representatives .....281-9711 or 281-9692
Veterans Program Coordinator.....281-8145
Job Corp – 430 E Grand Ave.....281-9693
Latinos Unidos – 4119 27th St.....279-6840
Proteus (Agriculture) – 3850 Merle Hay Rd.....271-5303
St. Vincent DePaul Education Center
Career Ready 101 .....282-8327 Ext 17
Urban Dreams – 601 Forest Ave 288-4742

TEMP AGENCIES

Action Staffing – 108 3rd St.....264-1959
Adecco Staffing – 1701 48th St. 327-6200
Aerotek – WDM 657-5440
Aureon – WDM 221-3233
DES Staffing Services Inc. – 1300 Cummins Rd.....288-2300
Drake Staffing – 3810 Ingersoll Ave 244-9999
Industry People Group – 4453 NW Urbandale Ave 278-8262
Kelly Services – 3725 86th St.....282-0264
Labor Ready – 2907 Douglas Ave.....246-0780
People Ready – 5525 Merle Hay Rd 254-9026
People Works Staffing – 2611 Ingersoll Ave.....285-8367
Remedy Staffing – 1776 22nd St.....344-3846
Superior Staffing – 7445 University Ave 255-9675
WorkSource Staffing – 1231 8th St 225-4355

ETHNIC/CULTURAL PROGRAMS

ASK Resource Center – 5665 Greendale Rd.....243-1713
Latino Institute for Education.....243-1713
Catholic Charities – 601 Grand Ave 244-3761
Hispanic Community Outreach.....237-5047
Refugee Case Manager 237-5016
Refugee Cooperative Services.....237-5045
Therapy (English/Spanish) 237-5018
Creative Visions – 1343 13th St 244-4003
EMBARC Iowa..... 650-3339 or 988-9786
Hispanic Education Resources(HER) – 828 Scott Ave...282-6542
Immigrant Voice Project- American Friends Service Committee 274-4851
Iowa International Center 282-8269
Iowa Asian Alliance.....770-1026
Islamic Center of Des Moines – 6201 Franklin Ave.....255-0212
L.U.N.A (Latinas For a New Dawn) – 4313 Fleur Dr....271-5060
Monsoon United Asian Women of Iowa – 515 28th St...288-0881
Urban Dreams – 601 Forest Ave 288-4742

FINANCIAL ASSISTANCE

Clients must go to General Assistance first. For all agencies besides General Assistance, clients need to bring proof that they've been to General Assistance and other agencies they've been to. Bring the paperwork to other agencies.

General Assistance-Polk County – 2309 Euclid Ave ...286-2088
Polk County Resident. Income guidelines. Need valid photo ID, verification of all household income & household expenses. Types of assistance: rent, utilities, health supplies, major home repair. Call for additional program information.
Aging Resources of Central Iowa – 5835 Grand Ave ..255-1310
Iowa Family Caregiver Program
Senior Living Program
Unmet Needs Fund
Bidwell Riverside Center/DMARC – 1203 Hartford Ave ... 244-6251
City of Des Moines: Community Services Division.....283-4182
Sixth Avenue Community Center – 1618 6th Ave.....518-4770
Creative Visions – 1343 13th St 244-4003

-continued-

FINANCIAL ASSISTANCE (cont.)

Cross Ministries – 1050 24th St.....279-9998
Polk County Veteran Affairs – 2309 Euclid Ave 286-3670
Salvation Army Family Center – 1226-30 6th Ave 282-3422
St. Vincent DePaul – 1426 6th Ave 282-8327
WDM Human Services – 318 5th St.....222-3660

FINANCIAL ASSISTANCE/DISCOUNT PROGRAMS

HEALTH RELATED EXPENSES

Access To Recovery Iowa 866-923-1085
American Cancer Society 800-227-2345
American Kidney Fund 800-638-8299
American Liver Foundation Drug Discount Card ..800-465-4837
Cancer Care 800-813-4673
Cancer Care Co-Payment Assistance 866-552-6729
Co-Pay Relief 866-512-3861
iCanConnect (Assistive Technology for vision/hearing) 800-825-4595
TTY.....888-320-2656
Iowa Able Foundation 888-222-8943
Iowa Prescription Drug Corp.
Prescription Assistance Program.....866-282-5817
Leukemia & Lymphoma Society 800-955-4572
Miracle Ear Children's Foundation 800-234-5422
Muscular Dystrophy Association.....800-572-1717
National Organization for Rare Diseases (NORD) .800-999-667
Needy Meds Helpline 800-503-6897
Pathway Reimbursement Support.....800-558-7677
Patient Access Network Foundation.....866-316-7263
Prevent Blindness of Iowa 244-4341
Safe Net Rx
Behavioral Health Medication Voucher Program ...327-5405
Cancer Medication Donation Program 866-282-5817
Diabetic Supplies.....866-282-5817
Iowa Rx Drug Donation Program.....327-5405
Medication Discount Card 888-602-2978
Prescription Assistance Program.....866-282-5817
Salvation Army Family Center – 1226-30 6th Ave 282-3422
Starkey Hearing Foundation: Hear Now Program ..800-328-8602
Telecommunications Access Iowa 800-606-5099

FINANCIAL EDUCATION PROGRAMS

Consumer Credit Counseling 800-714-4388
Consumer Credit of Des Moines ..... 800-955-5765 or 287-6428
Financial Literacy Training: St. Vincent de Paul 282-8328
Iowa Citizens for Community Improvement.....255-0800
Life Skills/Financial Education: Friendship Baptist Center...244-1701
WDM Human Services – 318 5th Ave 222-3660

FOOD ASSISTANCE PROGRAMS

Commodity Supplemental Foods 286-3655
Meals-On-Wheels-Wesley Life 699-3243
SHARE Iowa.....800-344-1107
Supplemental Nutrition Assistance Program (SNAP)..877-937-3663
Madison County.....462-2931
Polk County 286-3555
Warren County 961-5353
WIC: Women Infants & Children.....800-532-1579
Altoona Clinic.....282-5800
Ankeny Clinic.....282-5800
BMC River Plaza 282-5800
Lutheran Hospital Clinic.....263-5660
Sourthridge Mall Clinic.....282-5800
WDM Clinic.....282-5800

FOOD PANTRIES

Please call in advance to determine eligibility requirements. DMARC Emergency Food Pantry Network has 11 sites in the Des Moines Metro area, to learn which pantry services your area call 277-6969

Amazing Grace Ministries – 1903 53rd St.....277-9062
Basilica of St. John Catholic Church – 1224 MLK Jr Pkwy...244-2986
Bidwell Riverside Center – 1203 Hartford Ave ...244-6251 x213
Caring Hands of Bethel – 1544 E University Ave 266-1871
Catholic Charities Outreach Ctr. – 1815 Hubbell Ave..262-7290
Central Iowa Shelter & Services – 1420 Mulberry St ..284-5719
Christ Apostolic Temple – 1230 E 17th St 265-2417
Christian Community Food Pantry – Pleasant Hill.....265-3434
Clive Community Services – 2190 NW 82nd St 257-8550
Commerce Community Church – 4007 High St 225-6651
Creative Visions.....244-4003
Cross Community Church 418-2486
Cross Ministries – 3226 University Ave 279-8877
Des Moines Fellowship Church.....255-5528
DMARC Mobile Food Pantry 277-6969
Canterbury Heights.....262-7670
Dart Central Station 283-8100
Deer Ridge Apartments 277-6969
DMACC Urban Campus 244-4226
Highland Park Lutheran Church 244-6517
Hilltop Apartments 277-6969
John R. Grubb YMCA.....246-0791
Levitt Boys & Girls Club.....248-8418
Lutheran Church of the Good Shepherd 282-9948
Norwoodville Community Center 266-5794
Primary Health Care East Clinic.....248-1600
South Suburban YMCA 285-0444
The Crest at Baker Creek 277-6969
Drake Area Food Pantry – 3226 University Ave 518-4770
Eastside Church of the Nazarene – 1451 E 25th St....265-6000
Eddie Davis Community Center – 1312 Maple St 277-1103

-continued-

FOOD PANTRIES (cont.)

Epworth United Methodist Church – 412 Euclid Ave ...259-0412
Experience Church – 3800 E Douglas Ave 262-7302
Faith Tabernacle Church of God – 131 9th St 202-2323
First Assembly of God Pantry – 2725 Merle Hay Rd ...279-9766
First Church of the Open Bible – 2200 Beaver Ave.....274-9296
First Federated Church – 4801 Franklin Ave.....255-2122
Friendship Baptist Center – 1526 MLK Jr Pkwy 244-1701
Heavenly Temple Gospel Mission – 2110 Carpenter Ave...244-8324
Helping Hands Food Pantry – 100 E Euclid Ave 689-3067
Hickman Rd. Church of Christ – 5209 Hickman Rd 255-8055
Impact Community Action Partnership
Choice Pantry – Ankeny 965-0433
Mt. Olive Baptist Church – 3100 2nd Ave.....282-7947
New Friendship Church – 1317 Forest Ave.....280-9214
Northside Food Pantry – 3010 6th Ave.....286-2220
Partnership Place – 2870 Merle Hay Rd 868-1357
Polk County River Place Food Pantry – 2309 Euclid Ave...286-3695
Polk County Northside Food Pantry – 3010 6th Ave.....286-2220
River Place Food Pantry – 2309 Euclid Ave.....286-3695
Salvation Army Citadel (East) – 1216 E 25th Ct.....266-3156
Salvation Army Temple (West) – 1330 6th Ave.....282-3422
St. Benedict Mission – 1224 MLK Jr Pkwy 244-2986
St. Theresa Catholic Church – 1230 Merle Hay Rd 279-4654
The Bond of Unity – 530 NE Broadway Ave.....334-8892
True Vine Church.....266-4735
Urbandale Food Pantry – 7611 Douglas Ave 251-6688
Waukee Area Christian Services 321-0894
West Des Moines Human Services – 139 6th St.....22-3660

FREE MEAL SITES

Please call in advance to determine eligibility requirements.

Amazing Grace Ministries – 1409 23rd St.....277-9062
Bethel Mission-Hope Cafe – 1310 6th Ave.....244-5445
Catholic Worker House
Dingman House – 1310 7th St 243-0765
Chelsea Manning House – 1317 8th St.....777-2180
Rachel Corrie House – 1301 8th St.....330-2172
Phil Berrigan House.....282-4781
Central Iowa Shelter & Services – 1420 Mulberry St ..284-5719
Creative Visions – 1343 13th St. 244-4003
Eddie Davis Community Center – 1312 Maple St 277-1103
Epworth United Methodist Church – 412 Euclid Ave ...243-3817
Friendship Baptist Center – 1526 MLK Jr Pkwy.....244-1701
Hope Café-Hope Ministries – 1310 6th Ave 244-5445
IHY Outreach – 701 Grand Ave. 243-1381
Indianola First Assembly of God Soup Kitchen 961-8488
Iowa Homeless Youth Centers – 612 Locust St. 883-2379
Jasper County Congregate Meals.....641-792-7102
Norwoodville Community Center – 3077 NE 46th Ave ...266-5794

-continued-

FREE MEAL SITES (cont.)

Polk County Senior Centers (must be 60+ to be eligible)
Altoona Senior Center – 507 13th St SW.....967-1853
Ankeny Senior Center – 406 SW School St.....963-0527
Central Senior Center – 2008 Forest Ave 286-3677
East Senior Center – 1231 E 26th St.....265-8461
Grimes Community Complex – 410 SE Main St...986-5747
Johnston Senior Meal Center – 6300 Pioneer Pkwy ..251-3707
MLK Jr. Senior Meal Site – 1650 Garfield Ave ...266-5445
North Senior Center – 100 E Euclid 288-1524
Northwest Community Center – 5110 Franklin Ave...279-2767
Norwoodville Community Center – 3077 NE 46th Ave...266-5794
Pioneer Columbus Senior Meal Site – 2100 SE 5th St ..288-3734
Polk City Senior Meal Site – 309 Van Dorn St ...984-6691
Runnels Senior Meal Site – 108 Brown St.....966-2427
Scott/Four Mile Senior Meal Site – 3711 Easton Blvd...265-9977
South Senior Center – 100 Payton Ave 287-0092
Westside Community Center – 134 6th St WDM ...274-0373
Resurrection Lutheran Church – Ankeny.....964-7392
Salvation Army Mobile Breakfast Canteen – DSM 282-3599
Supper Club at Trinity United Methodist Church 244-6209

GLBTQ SERVICES

Alcoholics Anonymous (AA) for GLBT.. 800-207-2172 or 282-8550
Connect (females 11-21) YWRC – 705 E 2nd St.....244-4901
GLBT National Help Center
GLBT National Youth Talkline 800-246-7743
GLBT National Hotline.....888-843-4564
SAGE LGBT Elder Hotline.....888-234-7243
GLBT National TalkLine.....888-843-4564
GLBT National Youth TalkLine.....800-246-7743
GLBT Youth in Iowa Schools Task Force 243-1221
Interweave.....274-0925
Iowa Pride Network 471-8062
LGBT Aging Network.....537-3126
LGBT Center of Central Iowa 277-7884
LGBT Helpline (Information & Referral).....888-340-4528
LGBT Listening Line.....800-399-7337
National Center for Lesbian Rights Legal Helpline ..800-528-6257
Nine to Five Survival Hotline 288-4019
One Iowa 288-4019
Out-Reach in Central Iowa 255-3149
Plymouth GLBT Community.....877-565-8860
Trans Life Line.....877-565-8860
Transformative Healing 850-8081
Transformations (Transgender Group) 277-7884
Trevor Helpline (24/7 crisis line for LGBT).....866-488-7386

GOVERNMENT OFFICES

CITY OF DES MOINES

Public Housing Authority – 100 E Euclid Ave 323-8950

POLK COUNTY

General Assistance Program – 2309 Euclid Ave 286-2088
Polk County Attorney – 206 6th Ave 286-3737
Polk County Clerk of Courts (MH) 286-3666
Polk County Health Services – 218 6th Ave 243-4545
Polk County Public Health Dept. – 1907 Carpenter Ave...286-3798
Polk County Veteran Affairs – 2309 Euclid Ave 286-3670

STATE OF IOWA

Citizens' Aid/Ombudsman – 1112 E Grand Ave.....281-3592
Iowa Child Support Recovery Unit.....888-229-9223
Iowa Dept. of Human Services 800-972-2017
Iowa Dept. of Public Health 281-5787
Birth Death & Marriage Certificates 281-4944
Iowa Dept. of Transportation 800-532-1121
Office of Driver Services.....244-9124
Iowa Dept. of Veteran Affairs 800-838-4692
Iowa Dept. for the Blind – 524 4th St.....281-1333
Iowa Workforce Development – 1000 E Grand Ave 281-5387
Des Moines Workforce – 4300 E Grand Ave...281-9619
Social Security Administration – 455 SW 5th St...866-964-7583

HEALTH ORGANIZATIONS

ALS Association Iowa Chapter ..... 369-2572 or 800-782-4747
Alzheimer's Association.....800-272-3900
American Liver Foundation Helpline.....800-465-4837
American Lung Association of Iowa.....278-5864
American Parkinson Disease Association Iowa....877-872-6386
Arthritis Foundation Helpline 844-571-4357
Autism Society of Iowa 888-722-4799
Brain Injury Alliance of Iowa 855-444-6443
Deaf Action Center Iowa – 2525 E Euclid Ave.....266-5105
Epilepsy Foundation of Iowa 238-7660
Iowa Association of the Deaf – 311 SW Bell Ave.....244-9974
Iowa Dept. for the Blind – 524 4th St.....281-1333
Iowa Speech-Language-Hearing Association.....282-8192
NAMI Iowa ..... 800-417-0417 or 254-0417
National Kidney Foundation of Iowa.....800-596-7943
National Multiple Sclerosis Society of Iowa 270-6337

HEALTH SERVICES

FREE & SUBSIDIZED. Call for clinic times.

Iowa Department of Public Health 242-6522
Christ the King Free Clinic – 5711 SW 9th St.....285-2888
Clive Community Services – 2190 NW 82nd St 257-8550
Corinthian Baptist Church – 814 School St 243-4073
Creative Visions – 1343 13th St 244-4003
East Side Center/PHC – 3509 E 29th St.....248-1600
Engebretson Clinic/PHC – 2353 SE 14th St 248-1400
Grace United Methodist Church – 3700 Cottage Grove Ave ...265-0199
Health Choices Free Clinic – 321 Euclid Ave 712-292-9749

-continued-

HEALTH SERVICES (cont.)

Hispanic Education Resources (HER) – 828 Scott Ave .. 282-6542
Jim Ellefson Free Clinic – 1607 E 33rd St. 266-7622
Mae E. Davis Free Clinic – 1312 Maple St. 277-1103
Margaret Cramer Clinic – 2725 Merle Hay Rd 279-9766 x42
Polk County Health Dept. 286-3798
Primary Health Care-E. Side – 3509 E 29th St 248-1600
Primary Care South Side Center – 2353 SE 14th 248-1400
Salvation Army – 133 E 2nd St. 243-4277
St. Luke's Clinic – Polk City 984-6274
YMCA – 101 Locust St 282-9622
Youth Emergency Shelter Srvcs – 918 SE 11th St 243-7499

FAMILY PLANNING

Alpha Women Center-DSM – 3605 SE 14th St. 285-5700
Alpha Women Center-Ankeny – 114 SW State St. 965-7885
Birthright – 5803 Hickman Rd. 633-2133
Broadlawns Women's Health – 1801 Hickman Rd 282-2340
Creative Visions – 1343 13th St 244-4003
East Side Center/PHC – 3509 E 29th St. 248-1600
La Clinica De La Esperanza – 2679 Maury St. 244-6162
Planned Parenthood
- Ankeny Center – 704 N Ankeny Blvd. 877-811-7526
- Des Moines Rosenfield Center – 1000 E Army Post Rd 877-811-7526
- Family Practice Center – 200 Army Post Rd..877-811-7526
- Healthy Connections – 1343 13th St. 877-811-7256
- Susan Knapp Health Center – 2304 University Ave 280-7000
- West Center (Urbandale) – 10534 NY Ave 953-7560

Polk County Health Department – 1907 Carpenter Ave ...286-3697
Young Women's Resource Ctr. – 818 5th Ave. 244-4901

PEDIATRICS

Christ The King Pediatric Clinic – 5711 SW 9th. 285-2888
Corinthian Child Health Clinic – 814 School St 243-4073
SE Polk Children's Clinic – 1701 8th St SW 266-6795

HELP LINES / HOT LINES

Adult & Child Protective Services Abuse Hotline..800-362-2178
Alzheimer's Association 24/7 Helpline 800-272-3900
American Liver Foundation Helpline. 800-465-4837
Arthritis Helpline 844-571-4357
Behavioral Health Treatment Locator 800-662-4357
Boys Town National Hotline 800-448-3000
Brain Injury Alliance of Iowa 855-444-6443
Cancer Helpline 800-227-2345
Cancer Support Helpline 888-793-9355
Crime Victims Compensation 800-373-5044
Disaster Distress Helpline 800-985-5990
Epilepsy Foundation of Iowa 238-7660
Epilepsy & Seizure 24/7 Helpline 800-332-1000
- Spanish. 866-748-8008

GLBT National Hotline 888-843-4564

-continued-

HELP LINES / HOT LINES (cont.)

Healthy Families Hotline 800-369-2229
Hep C Hotline 877-435-7443
Iowa Compass 800-779-2001
Iowa Concern Hotline 800-447-1985
Iowa Families Answer Line 800-262-3804
Iowa Missing Persons Hotline 800-346-5507
Iowa Poison Control Center. 800-222-1222
Iowa Teen Line 800-443-8336
- TTY 800-735-2942

Lung HelpLine 800-586-4872
Medicare Rights Helpline. 800-752-7014
NAMI Iowa 800-417-0417
Narcolepsy CareLine 866-538-7617
National Center for Missing & Exploited Children ...800-843-5678
National Domestic Violence/Sexual Abuse Hotline ..800-799-7233
- Spanish. 800-942-6908
- TTY 800-787-3227

National Parent Helpline. 855-427-2736
National Runaway Switchboard. 800-786-2929
- Text 66008

National Sexual Assault Hotline. 800-656-4673
National Trafficking Resource Center
- To report suspected human trafficking 866-347-2423
- To get help 888-373-7888

National Teen Dating Abuse Helpline 866-331-9474
National Youth Crisis Line. 800-422-4673
Postpartum Depression Help Line. 800-944-4773
Su Familia: The National Hispanic Family Health Helpline ..866-783-2645

HOME REHABILITATION/REPAIR

Please call in advance to determine eligibility requirements.

Emergency Home Repair Program Polk Co. Public Works..286-3705
Habitat for Humanity-Rock the Block. 471-8686
Handy Man Chore Service DSM Community Action ...222-3660
Iowa Able Foundation 888-222-8943 x225
Metro Partnership for Lead Safe Housing ..286-3596 or 286-2115
Metro Home Improvement Program Polk County. 273-0770
Neighborhood Finance Corporation 246-0010
Polk County Emergency Repair Program. 875-5566
Polk County Housing Rehabilitation Program 286-3726
Polk County Public Works 286-3705
Rebuilding Together-Greater Des Moines 284-7403
Urbandale Caring Corps. 278-3999
USDA Home Rehabilitation Program. 284-4663

HOMELESS SUPPORT/OUTREACH SERVICES

Catholic Worker House. 282-4781
- Bishop Dingman House – 1310 7th St 243-0765
- Lazarus House – 1317 8th St. 246-1499
- Liguitti House – 1301 8th St 288-4326
- Phil Berrigan House – 713 Indiana Ave 282-4781

Child Care for Homeless Families 288-7884
Cross Ministries 279-9998
DM Interfaith Day Center – 4114 Allison Ave. 277-7051
Hispanic Education Resources (HER) – 828 Scott Ave..282-6542
Homeless Veterans Program. ..... 800-294-8387 or 699-5787
Hope on the Streets/Hope Ministries Streets of Des Moines...265-7272
Iowa Homeless Youth Centers – 1219 Buchanan St...243-1381
- Community Center – 701 Grand Ave. 883-2379
- Street Outreach Van

JOPPA Outreach ..... 866-288-5699 or 288-5699
Primary Care-The Outreach Project – 1200 University Ave ...248-1599
Urban Dreams Metro Outreach Prgm – 1410 6th Ave 288-4742
WDM Human Services – 318 5th St WDM. 222-3660

HOUSING

Affordable, low income, subsidized housing programs and agencies. Please call in advance to determine eligibility requirements.

AHEPA Affordable Housing Management 317-845-2410
- 192 – Johnston 276-6766
- 192-II – Ankeny. 964-0164
- Penelope 38 – Ankeny. 965-5987

Anawim Housing – 2024 Forest Ave 244-8308
Ashbrooke Apartments – Ankeny 964-7790
Capax Infiniti Housing – 6401 Douglas Ave 276-5823
Central Iowa Regional Housing Authority (CIRHA) 986-1882
Christ The King Senior Housing 244-8308
Conlin Properties Inc. (Section 42)..... 246-8016 or 264-0055
Des Moines Municipal Housing – 100 E Euclid Ave 323-8950
Elsie Mason Manor. 243-8759
Foundation Property Management.. 877-704-2266 or 440-2266
House of Mercy Permanent Housing Program. 643-6500
Hubbell Apartment Living. 221-6211
Ligutti Tower Apartments 243-8759
National Management Corp. (Section 42) 223-0300
Newbury Property Management. 698-9700
Oakridge Neighborhood – 1236 Oakridge Dr 244-7702
River Hills Apartments I 288-6075
River Hills Apartments II 288-2159
Southridge Village Apartments 287-4422
T and L Properties LLC. 800-394-1288
The Meadow Apartments. 256-8889
USDA Low Income/Subsidized Rental Housing 284-4666

HOUSING SEARCH ASSISTANCE

Iowa Housing Search 877-428-8844

INFORMATION & REFERRAL

2-1-1 First Call for Help ..... 2-1-1 or 246-6555
Access To Recovery-Iowa 866-923-1085
Aging Resources of Central Iowa ..... 800-747-5352 or 255-1310
Alzheimer's Assoc. Info & Referral Service 800-272-3900
Asian Community Resource Center 288-0881
Autism Now Information & Referral Center 800-272-3900
Epilepsy Foundation of Iowa 238-7660
Iowa Compass. 800-779-2001
- TTY 877-683-0032

Iowa Concern 800-447-1985
Iowa Housing Search 877-428-8844
Life Long Links 866-468-7887
Patient Navigator Program (American Cancer Society) ...800-227-2345
Primary Care Outreach – 1200 University Ave. 248-1500
Senior Services of Polk County – 1914 Carpenter Ave ...286-3679
Urban Dreams – 1410 6th Ave 288-4742
WDM Human Services – 318 5th St WDM. 222-3660

INTERPRETER SERVICES

American Friends Service Committee 274-4851
Deaf Action Center – 2525 E Euclid Ave 266-5105
Hispanic Educational Resources, Inc. (HER) 282-6542
Iowa Council for International Understanding (Emergencies)...282-8269
Urban Dreams, Latino Dreams. 288-4742

LEGAL ASSISTANCE

American Friends Service Committee 274-4851
Asian Community Resource Center, Legal Clinic. 288-0881
Disability Rights Iowa ..... 800-779-2502 or 278-2502
- TTY 866-483-3342

Drake Legal Clinic – 2400 University Ave. 271-3851
Epilepsy Legal Defense Fund. 800-332-1000
Hispanic Educational Resources, Inc. (HER) 282-6542
Iowa Coalition Against Domestic Violence Legal Clinic ...244-8028
Iowa Concern Legal Information Hotline 800-447-1985
Iowa Legal Aid ..... 800-532-1275 or 280-3636
- Low Income Taxpayer Clinic. 800-532-1275

Iowa Justice for Our Neighbors-Immigration Rights 255-9809
Las Américas Immigration Legal Clinic. 280-8426
Lawyer Referral Service 800-532-1108
Legal Hotline for Older Iowans 800-992-8161
Monsoon United Asian Women of Iowa – 515 28th St...288-0881
Muña Legal Clinic. 244-2117
National Center for Lesbian Rights Legal Helpline...800-528-6257
Volunteer Lawyers Project, Iowa Bar Assoc. 244-8617
Youth Law Center .....800-728-1172 or 244-1172

LOW INCOME ASSISTANCE PROGRAMS

See also: Community Service Agencies
Please call in advance to determine eligibility requirements.

Impact Community Action Partnership 248-6216
Clothing Closet, Energy Assistance, Emergency Food & Personal Pantry, Holiday Programs, Weatherization
WDM Human Services – 318 5th St WDM.....222-3660
Budget Assistance, Clothing Closet, Energy Assistance, Emergency Food & Personal Pantry, Garden Program, H2O Plus Program, Holiday Programs. Weatherization

MEDICAL ASSISTANCE PROGRAMS, STATE OF IOWA

Any county DHS office can answer questions about the programs and services listed below. In Polk County contact one of these county DHS offices. You may also contact the Department's Field Office Support Unit by calling 281-7266 or 1-800- 972-2017.

POLK COUNTY DEPARTMENT OF HUMAN SERVICES

River Place – 2309 Euclid Ave 725-2600
East Office – 1740 Garfield Ave 286-3270
Carpenter Office – 1900 Carpenter Ave 286-3553
Hawk-I Program.....800-257-8563
Health Insurance Premium Payment (HIPP)..888-346-9562
Iowa Family Planning Network (IFPN)
Iowa Health and Wellness Plan
Medicaid 855-889-7985
Medicaid for Employed People with Disabilities
Senior Health Insurance Info Program
Waiver Services.....800-351-4664

PARENTING PROGRAMS AND SUPPORT

Agape Pregnancy Center – 2550 MLK Jr Pkwy 255-0243
Alpha Women's Center – 3605 SE 14th St 285-5700
Alpha Women's Center – Ankeny.....965-7885
ASK Resource Center – 5665 Greendale Rd.....243-1713
Creative Visions – 1343 13th St 244-4003
Urban Dreams – 1410 6th Ave 288-4742
Visiting Nurse Services – 1111 9th St.....288-1516
Care For Kids Program.....283-1422
Connections Program – School Based.....558-9946
Healthy Starts Program 288-1516
Storks Nest Program 288-1516
Young Women's Resource Center – 818 5th Ave 244-4901
Case Management: Healthy Starts.....244-4901
Prenatal Education 244-4901
Young Moms Group.....244-4901

RE-ENTRY SERVICES FOR EX-OFFENDERS

Creative Visions – 1343 13th St. 244-4003
Harbor of Hope Mission – 803 Lyon St.....244-0370
Iowa Workforce Development – 430 E Grand Ave 281-9608

SHELTERS/TRANSITIONAL LIVING

E = Emergency, T = Transitional

FAMILIES

Family Promise of Greater DSM (T).....277-7051
St. Joseph's Emergency Shelter (E) – 1535 11th St....282-1235
The Home Connection – 3001 Grand Ave.....244-9748
WDM Human Services (T) – 318 5th St WDM 222-3660

MEN

Benedict Home (T) 779-6635
Bethel Mission (E,T) – 1310 6th Ave 244-5445
Central Iowa Shelter & Services (E) – 1420 Mulberry St..284-5719
Door of Faith – 6701 SW 9th St.....974-0545
Domiciliary Care for Homeless Vets (T) 699-5787
Freedom for Youth Ministries (18-21) (T).....282-4822
YMCA Supportive Housing Campus (T) – 2 SW 9th St... 288-2424

WOMEN

Beacon of Life (No Children) (T) – 1717 Woodland Ave .. 244-4713 x206
Central Iowa Shelter & Services (E) – 1420 Mulberry St..284-5719
Domestic Violence Services Shelter (E).....243-6147
Freedom for Youth Ministries (18-21) (T).....282-4822
Hope Family Center (T) 264-0144
YMCA Supportive Housing Campus (T) 2 SW 9th St ...288-2424

WOMEN WITH CHILDREN

Domestic Violence Services Shelter (E).....243-6147
Hope Center for Women & Children.....264-0144
Iowa Homeless Youth Centers (T)
Buchanan Transitional Living (16-21) – 1219 Buchanan St ..265-1222
Light House Host Home (16-25) – 1216 MLK Jr Pkwy ..288-7884
New Directions Shelter (E) 243-7456
The Home Connection – 3001 Grand Ave.....244-9748

YOUTH/YOUNG ADULTS

Freedom for Youth Ministries (18-21) (T).....282-4822
The Promise House (males 18-22)
Safe Haven (females 18-22)
Iowa Homeless Youth Centers (T)
Buchanan Transitional Living (16-21).....265-1222
Light House Host Home (16-25).....288-7884
Ruth Harbor (Pregnant Teens) (T) – 534 42nd St 279-4661
YESS-Youth Emergency Services & Shelter (E) 282-9377

TRANSPORTATION

Before visiting the service provider, please call to verify eligibility requirements

Ankeny United Way 965-1976
Des Moines Area Regional Transit Authority (DART) ..283-8100
Spanish Message Line 283-8120
Bus Plus / Paratransit.....283-8136
Dart On-Call Shuttle Services.....283-8100
Express Routes 283-8100
On- Call Shuttle for Seniors.....283-8100
OTT Reduced Token/Pass Program.....288-7433
Reduced Ticket Purchase.....283-8100
Polk County Adult Services 286-3484
Primary Care-The Outreach Project – 1200 University Ave ..248-1500
Urbandale Caring Corp.....278-3999
Salvation Army Family Center – 1226-30 6th Ave 282-3422
WDM Human Services – 318 5th St WDM.....222-3660

VETERANS RESOURCES

American Legion Financial Assistance.....800-540-4098
Disabled American Veterans (DAV)
National Service Officer – 566 Federal Bldg ...323-7539
Transportation Network. – VA Med Center 699-5876
DSM Workforce Development.....281-9619
Apprenticeships for Veterans.....281-3317
Helmets To Hardhats Program 281-9327
Troops 2 Teachers Program 877-530-2765
Veterans Employment Services.....281-9711
Veterans Program Coordinator.....281-9327
Homeless Veterans Program..... 800-294-8387 or 699-5637
Iowa Dept. of Veteran Affairs.....800-838-4692
Iowa Veterans Home 800-645-4591
National Call Center for Homeless Veterans.....877-424-3838
National Coalition for Homeless Veterans.....800-838-4357
Polk County Veteran Affairs – 2309 Euclid Ave 286-3670
U.S. Department of Veteran Affairs 800-827-1000
VA Central Iowa Health Care System (DSM)
VA Medical Center (Des Moines).....699-5999
Returning Soldier Patient Advocates.....699-5409
Veterans' Administration 800-827-1000
DSM Vet Center.....284-4929
Veterans Benefits 800-827-1000
Veterans Crisis Line.....800-273-8255 #1
Veterans Employment & Training Services 281-9061
VETS/Job Corp Demonstration Program 800-733-5627
VFW.....323-7546

VICTIM SUPPORT SERVICES

Crime Victim Compensation Program... 281-5044 or 800-373-5044
Dorothy's House 777-4383
Identity Theft Passport Program..... 281-5044 or 800-373-5044
Iowa Attorney General 281-5044
Crime Victim Assistance Division 800-373-5044
Iowa Coalition Against Domestic Violence 800-942-0333
Iowa Coalition Against Sexual Assault.....244-7424
Iowa Sexual Abuse Hotline.....800-284-7821
Iowa Victim Service Call Center 800-770-1650
Or text..... IOWAHELP to 20121
National Trafficking Resource Center.....888-373-7888
Call or text .....HELP or INFO
Polk County Crisis & Advocacy Services.....286-3600
Polk County Victim Assistance 286-3057

YOUTH PROGRAMS

Big Brothers/Big Sisters.....288-9025
Boys & Girls Club of Central Iowa 262-5695
CHDC's Youth Build Des Moines.....244-7798
Children & Family Urban Movement.....282-3242
Wonder Girlz
Whyld Girls
Backyard Boyz
High School Mentors
Citadel Corp Community Center – 1216 E 25th Ct.....266-3156
Creative Visions – 1343 13th St 244-4003
Freedom for Youth Ministries – 2301 Hickman Rd 282-4822
Grubb YMCA-Youth Center – 1611 11th St 246-0791
Girls & Boy Town National Hotline (24/7) 800-448-3000
GLBT National Youth TalkLine.....800-246-7743
Hispanic Education Resources (HER).....282-6542
IHY Community Center – 701 Grand Ave.....243-1381
Job Corp – 430 E Grand Ave.....281-9693
Urban Dreams – 1410 6th Ave 288-4742
Young Women's Resource Ctr – 818 5th Ave 244-4901

IMPORTANT NUMBERS

Emergency **911**
Iowa Poison Control Center **800-222-1222**
Doctor _____
Insurance _____
Pharmacy _____

Together a healthy community.

1801 Hickman Road | Des Moines, IA 50314 | www.broadlawns.org |

S-1131 5.8.18